## ProSolutions Training ECE Products (Alpha Order by Topic Area)

Product Name	Description	Hours	SC DSS Topic Area
Aim High: Creating, Instructing and Implementing Appropriate Classroom Expectations	Young children want to be well-behaved, they want to learn and they want to please their caregivers. However, they need guidance for developmentally appropriate expectations. This one-hour course will teach you how to create, explain, and implement expectations for young children. In the end, the goal is for students to understand that the expectations make their classroom a better place to be.	1	Child Guidance
Build Them Up: Creating a Classroom that Promotes Self-Esteem in Young Children	Young children who have a positive sense of self-esteem will benefit from this positive sense of self for their whole lives. Teachers of young children have the opportunity to create an environment where children flourish and self-esteem naturally grows.	1	Child Guidance
	This one-hour course will teach you the importance of self-esteem and explain adult behaviors that influence self-esteem. Also, you will learn a variety of activities that you can use with your students to increase their self-esteem.		
Coping With Separation Anxiety	It is a familiar situation - the new child in your care is crying and clinging to mom's leg begging her not to leave. The child and parent are both clearly stressed and upset, and you feel anxiety too. What should you do? This course provides you with a foundation of the science behind separation anxiety (it's actually a part of typical development!) In addition, you will learn how to best help parents and children cope with separation anxiety.	1	Child Guidance
Creating Positive Outcomes from Problematic Behaviors	Dealing with problematic behaviors and behavior disorders in your classroom is a challenging situation for all involved. This course will help you develop a positive outlook and approach problematic behavior issues. The results will benefit students with these behaviors and the entire classroom including you!	1	Child Guidance
Environments That Support Children with Challenging Behaviors	How you arrange and organize your preschool classroom can have a big impact on the children's learning, safety, and behavior. When it is done well, the overall atmosphere in the classroom is calmer and more focused, it is easier to supervise the children properly, and they get along better with one another.	1	Child Guidance
	Classroom environment is especially important for children with challenging behaviors because they can be more sensitive to certain elements in their immediate environment. This course will provide strategies to help teachers support these children by creating a positive environment that fosters meaningful learning for everyone.		

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Helping Children Cope with Death	Talking to children about death is often an uncomfortable and difficult task for many adults. However, children need the opportunity to ask questions and learn about death from people they trust.	1	Child Guidance
	This one-hour course provides basic information about the way children understand death and ways to talk to children in your care about their fears, sadness, and loss. This course covers death that most children will encounter - grandparents, aunts/uncles or other loved ones or animals.		
	<b>NOTE:</b> Children facing the possibility of their own death due to illness is not in the scope of this course.		
Helping Children Cope with Divorce	Trying to support the child and his or her parents can be a confusing and delicate situation. This one-hour course will provide you with the knowledge and skills needed to effectively help young children cope with divorce.	1	Child Guidance
Helping Young Children Understand and Develop Rules	Parents and teachers need an understanding of child development and developmentally appropriate practice to help young children know the value of setting rules. This course will help you recognize how to assist young children in learning about setting rules and strategies for helping them find appropriate ways to express their emotions in doing so.	1	Child Guidance
Taking the Bite out of Toddler Biting	Many young children bite or are bitten during their toddler years. Parents and teachers are often at their wits end on how to work with this challenging behavior. This course will help you identify common causes of biting by toddlers, learn to recognize when toddlers might bite, and what you can do to prevent biting.	1	Child Guidance
Taming Toddler Temper Tantrums	Young children often struggle with emotional control and throw a temper tantrum at one time or another during their toddler years. Parents and teachers often struggle with how to work with this challenging behavior. This course will help you begin to understand the causes of toddler tantrums, learn to recognize when toddlers are emotionally overwhelmed, and might throw a tantrum. Also included are strategies for helping toddlers find appropriate ways to express their emotions.	1	Child Guidance
Activities That Promote Social and Emotional Development In Infants	Warm, responsive caregiving practices are necessary for babies to form the first important relationships from which so much healthy development follows. In this course, we are going to explore practices that support social and emotional development of infants.	1	Curriculum

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Activities That Promote Social and Emotional Development in Preschoolers	The preschool years are when children begin developing all of these skill sets that contribute to their social and emotional growth. This course will present ideas to encourage cooperative play, ideas to help children express emotions, and suggestions for how to conduct activities that can foster social and emotional growth.	1	Curriculum
Activities That Promote Social and Emotional Development in Toddlers	One of the primary goals of a quality program for toddlers is to foster social and emotional development. This goal is met when caregivers of toddlers understand typical developmental milestones and how to plan activities based on developmentally appropriate practice. This course will explore key guidelines on how to plan activities to allow toddlers to feel emotionally and physically secure, which will foster social and emotional development.	1	Curriculum
Appreciating and Celebrating Diversity	The increasing diversity among the American people is reflected in the children and families of our early care and education programs. Teachers are called upon to create classrooms that are responsive to the diverse needs of all children.	2	Curriculum
Block Play as a Creative Learning Strategy	The block center can be a wonderful place for children to play and learn. A well designed basic block center is a terrific, fun activity for the children; is conducive to meaningful learning; promotes a high level of pretend play and creativity; and supports healthy growth in all four major developmental realms: social, emotional, cognitive and physical.	1	Curriculum
Curriculum: The Foundation of a Strong Educational Program	Establishing a solid curriculum, regardless of the age of the children, provides administration, teachers, children, and their families with a meaningful, well-researched plan for education.	1	Curriculum
Designing an Outdoor Classroom	Play is important work! In this course, you will be provided with many suggestions to create or improve on your outdoor play environment.  The common goal of all these suggestions is to create a safe environment that supports healthy development and imaginative and creative play. Your role in this outdoor classroom is not to "teach a lesson" at every play break, but to encourage, facilitate, and observe. If you build it, they will learn!	1	Curriculum
Fine Motor Activities for Infants	In this course, we are going to review major milestones of fine motor development in infants (defined as birth to 18 months) and activities to support fine motor development.	1	Curriculum

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Fine Motor Activities for Preschoolers	The preschool years, from ages 3-5, are marked by significant physical growth and development. Preschoolers are more coordinated, show newfound strength, speed, and abundant energy.  The ability to coordinate smaller muscles in the arms, hands, and fingers is referred to as fine motor development. Fine motor skills involve the use of small muscles such as those in the wrist and hand. Gross motor development is gained through regular play and movement. It involves the large muscles of the body.  In this course, we will review special considerations and foundations for planning activities to promote fine motor development in preschoolers.	1	Curriculum
Fine Motor Activities for Toddlers	Children 18-36 months of age are generally described as toddlers. During this period, their physical development goes through significant development. In this course, we will review fundamental concepts in physical development in toddlers.	1	Curriculum
Great Ways To Promote Cognitive Development in Infants	This course will briefly outline the theory and research basis for infant cognitive development and will cover appropriate practices and learning environments. Five basic strategies for infant activities will be explained.	1	Curriculum
Great Ways To Promote Cognitive Development in Preschoolers	Cognitive development in preschoolers is a subject that has received a lot of attention in recent years, as the field of early education has been elevated as both a profession and a course of study. Early childhood education practices worldwide are based primarily on two major theories of cognitive development. This course will briefly outline pertinent points of the two theories and provide suggestions for activities to promote cognitive development based on them as well as some activities to avoid when promoting cognitive development in preschoolers.	1	Curriculum
Great Ways To Promote Cognitive Development in Toddlers	In this course, we will review key aspects of toddler cognitive development as a foundation for the rest of the course. We will then explore some great ideas for supporting cognitive development in the toddler classroom and also touch on some things to avoid with toddlers.	1	Curriculum
Gross Motor Activities for Infants	An infant's environment is the catalyst in fostering gross motor development. Appropriate play and activities provide the stimulation that helps gross motor development progress on its natural path, in sync with each infants developmental pathway. This course will explore the milestones of gross motor development and activities to support gross motor development in infants (ages birth to 18 months).	1	Curriculum

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Gross Motor Activities for Preschoolers	The preschool years, from ages 3-5, are marked by significant physical growth and development. Preschoolers are more coordinated, show newfound strength, speed, and abundant energy.	1	Curriculum
	Gross motor development is gained through regular play and movement. It involves the large muscles of the body. The ability to coordinate smaller muscles in the arms, hands, and fingers is referred to as fine motor development.		
	In this course, you will learn how to plan activities to promote gross motor development.		
Gross Motor Activities for Toddlers	The toddler years are marked by an increase in curiosity about the world! Their new physical capabilities allow toddlers to explore on their own. They need freedom to move and experience the skills they are beginning to possess. In this course, we will review typical milestones of toddler physical development and identify specific activities to encourage gross motor development.	1	Curriculum
Hands-on Excitement: Manipulatives for Teaching Young Children Math	Manipulatives are more than just fun they're a fantastic learning tool for young children. First, though, you have to know what makes a manipulative appropriate for teaching different math concepts, and where you can find useful and inexpensive items. Once you build up your supply, you're ready to read some sample activities and begin designing your own.	1	Curriculum
Ignite Their Minds: Making Math an Integral Part of your Teaching	In this course you will learn the five areas of math that should be included in an early childhood program and general age guidelines for mathematical thinking milestones. In addition, you will discover a variety of activities for teaching math: some have a math focus while others incorporate math into your daily routine.	1	Curriculum
Learning Centers That Inspire	How you arrange and organize your preschool classroom can have a big impact on the children's safety, learning and behavior. When it is done well, the overall atmosphere in the classroom is calmer and more focused, it is easier to supervise the children, and everyone gets along better with one another. When it is done really well, the children are inspired to interact with one another and with the environment in ways that promote a higher level of meaningful learning and creativity.	1	Curriculum
	Remember as we discuss various centers that they should be easily visible to the teacher, with clear open traffic patterns from one center to another. This will facilitate supervision and enable you to intervene quickly if necessary.		

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Lesson Planning for Young Children	Knowing how to prepare effective lesson plans is an essential part of becoming an outstanding educator. Although it may be time consuming, there are many benefits to writing lesson plans for toddler and preschool classrooms. Well-behaved children, a classroom of meaningful learning, and a stress-free teacher are all benefits of the great lesson plans you will learn to write in this course!	1	Curriculum
Music and Movement: Enhancing Your Curriculum	Who knew that play could be so beneficial to a young child's development? Music and movement are not only enjoyable aspects of children's playtime, but also a great way to enhance a child's development. What's more - they can also be extremely valuable teaching tools. This one-hour course will teach you the benefits of music and movement as well as provide you with ideas for incorporating them into your curriculum.	1	Curriculum
Observation and Assessment: Documenting Children's Progress	Each child is unique. One of the most powerful tools we have for learning about children is to watch, or observe, them. Observation is one of the oldest and best methods for assessing what children know, what interests them, and how they learn. Careful observation can help you plan a curriculum that will meet the needs of the children in your care.	1	Curriculum
Phonemic Awareness in Young Children: The Gateway to Reading Success	Preschool teachers and parents are critically important in helping young children develop the skills necessary to learn to read. However, there is a core deficit that causes some young children problems in learning to read. That core deficit is in phonemic awareness. This course will provide participants with an understanding of phonemic awareness, how it develops in young children, and which phonemic awareness skills teachers should help young children acquire.	1	Curriculum
Purposeful Play	Experts agree that play is essential for the healthy development of young children. Play is also recognized as the best way for children to learn and quality play experiences contribute to brain development in young children. Researchers, however, are dismayed to find that play is diminishing in the lives our young children in today's busy, high-tech world. Teachers of young children can ensure high quality play experiences for children in their care. Best of all, you are able to provide this important element at a critical time in a child's life of learning!	1	Curriculum
Reading to Young Children	Teachers and parents can help young children be successful in school and in life by doing one thing each and every dayREAD aloud to them!  This course helps explain how regular reading activities actually promote development across three learning domains: Cognitive - problem solving and language development; Social - interactions with others; and Emotional - how children feel about their self-worth.  Participants in this course will learn about the importance of reading, book selection and techniques for reading aloud.	1	Curriculum

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Science for Young Children	Young children are ready to learn about the world around them, and small science lessons can help them grow and get them ready for school.  This course will help you understand the importance of a scientific education, introduce you to the basics of science for young children, and even give you some suggestions of fun scientific activities for children 2-5.	1	Curriculum
Social Studies for Young Children	Social Studies deals with people and how they live in the world. A good Social Studies curriculum allows children to understand their world and helps them to be contributing members of their families, classrooms, and communities. A strong foundation in social studies content and skills also prepares young children for history, geography, and other subjects they'll encounter in school.  Social Studies is so much more than studying the past - it prepares children for the future. And you can help them learn and grow through simple, hands-on activities!	1	Curriculum
The Art of Transitions	Transitions are an important piece of young children's daily lives, particularly in early childhood classrooms. This one-hour course will assist learners in understanding the importance of planful transitions in early childhood settings and present strategies to assist children in moving between activities.	1	Curriculum
The Basics of Appropriate Learning Environments	How you arrange your preschool classroom can have a big impact on the children's learning, safety, and behavior. When it is done well, the overall atmosphere in the classroom is calmer and more focused. The children are more actively focused on learning. It is easier to supervise the children properly. There are fewer behavior problems.	1	Curriculum
The Daily Schedule	A well-designed schedule contains certain basic components and it should be sequenced in a way that balances teacher-directed and open-ended activities. Adequate time should be provided for each activity and for transitions. Accommodations for children with special needs and communicating the schedule to parents should be planned. There are many points to consider in making and using a daily schedule that supports learning!	1	Curriculum
Brain Power! Cognitive Development in Infants	In this course, we will review key aspects of infant cognitive development. Seeing, listening to and smelling new things are the beginning of a spectacular period of discovery that has a direct effect on cognitive development. From birth to 18 months, there is an amazing list of milestones in all domains including physical and social/emotional as well as cognitive. By understanding cognitive development and identifying typical expected milestones, you will be able to influence intellectual development of infants in your care.	1	Growth and Development

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Brain Power! Cognitive Development in Preschoolers	How children learn has been the subject of many books, theories and methods of teaching for more than a hundred years. Early methods of teaching have been modified to recognize knowledge gained from brain development research and psychologists. For early education professionals, it is very important to learn how children develop and learn in all domains - physical, social/emotional and cognitive. This course will cover cognitive development of preschoolers, ages three to five. An understanding of cognitive development, including brain development, and how these subjects relate to learning in various subject areas will be covered in this course	1	Growth and Development
Brain Power! Cognitive Development in Toddlers	In this course, we will review key aspects of toddler cognitive development. We will examine how these new emerging abilities contribute to new ways of thinking, experimenting, and a language explosion.	1	Growth and Development
Learning Language: Ages Three to Five	This one-hour course will introduce you to speech and language development in children between the ages of three and five. You will learn milestones for normal speech and language development as well as ways teachers can support language development in children.  You will also learn about problems that can interfere with a child's normal development of speech and language and when it may be appropriate to refer to a specialist.	1	Growth and Development
Learning Language: Birth to 36 Months	This one-hour course will introduce you to speech and language development in infants and toddlers (birth to 36 months). It's a fascinating time when initial sounds turn to babbling and babbling turns to words!  You will learn milestones for normal speech and language development as well as ways to support language development in young children. You will also learn about problems that can interfere with a child's development of speech and language and when it may be appropriate to gather/document information for possible referral to a specialist.	1	Growth and Development
Physical Development in Infants	In this course we are going to focus on the physical development of infants. This domain of development refers to the changes that occur in the body over time. This can include the body size, body proportions, body mass index, skeletal growth, and motor skills (both gross and fine). Part of the infant's physical development also occurs in the brain.	1	Growth and Development

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Physical Development in Preschoolers	The preschool years, from ages three to five, are marked by significant and steady physical growth and development. Preschoolers are more coordinated, show newfound strength, speed, and abundant energy. In this course, we will review major developmental milestones concerning physical growth, motor skills development and other growth factors in this period.	1	Growth and Development
Physical Development in Toddlers	It has been often stated that the peak of curiosity occurs in toddlerhood. Just watch the tireless exploration of toddlers (children between 12-36 months), and you will be convinced that toddlers are like little scientists on the move, observing and taking in everything!  Toddlers are busy because their physical development enables them to fulfill their curiosity about the world around them! They need freedom to move and experience the skills they are beginning to possess. In this course, we will review key aspects of toddler physical development and you will see why the energy level of toddlers seems never-ending.	1	Growth and Development
Social and Emotional Development of Infants	In this course, we are going to explore the major developmental milestones achieved during an infant's social and emotional development. Infancy is a very exciting time for development. Infancy is commonly defined as birth through 18 months. The child's developing brain makes millions of connections during this time and the result is a constantly changing, enthralling and delightful little human being!	1	Growth and Development
Social and Emotional Development of Preschoolers	Throughout the preschool years, children develop a skill set that makes up their social and emotional growth. They learn about themselves and their world as they take on new roles outside of their home and families. In this course we are going to explore the major social emotional developmental accomplishments of preschoolers, ages 3-5.	1	Growth and Development
Social and Emotional Development of Toddlers	In this course, we will examine milestones of toddler social and emotional development and how particular stages of development influence toddler behavior.	1	Growth and Development
The Brain and Early Childhood: Old Myths and New Knowledge	The human brain has been called "the three-pound universe." There is no known entity in the world that is more marvelous, more mysterious, or more miraculous than the human brain and nervous system. Although many of its "secrets" remain unexplored, much is known about how the human brain works.  We know that parents and early care professionals literally help grow the brains of young children! It is important to know which practices foster healthy brain growth and development.	1	Growth and Development
	This course will explode old myths and explore current knowledge about the brain and early childhood learning and development to help benefit the young children in your care.		

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Understanding Child Development: Attachment Theory	This course will help you understand one model of healthy development, called attachment theory. You'll learn about attachments and bonding, the impact they have on children's development, and how attachment theory affects the way you care for children.	1	Growth and Development
Understanding Child Development: Erikson's Stages of Emotional Development	This course will help you understand one model of healthy development, called attachment theory. You'll learn about attachments and bonding, the impact they have on children's development, and how attachment theory affects the way you care for children.	1	Growth and Development
Understanding Child Development: Maslow's Theory of Human Needs	You want every child in your care to grow up as happy and healthy as possible. But with so many factors to consider - from nutritious diets to strong self-esteem - how do you know where to begin?  This course will help you understand one model of healthy development, called Maslow's theory of human needs. You'll learn about the basic needs of all human beings, the growth needs that depend on the basic needs, and how Maslow's model affects the way you care for children.	1	Growth and Development
Bloodborne Pathogens	Preventing the spread of contagious disease is possible and always important, especially in the child care setting. This course will teach you about various diseases that can be spread through contact with blood and how to deal with accidental exposures. Information regarding the OSHA Exposure Control Plan is discussed and a sample Exposure Control Plan is included in the Resources Section of this course.	1	Health and Safety
Emergency Preparedness: Better Safe Than Sorry!	Being prepared for emergencies can make a big difference as to whether or not the children in your care and the staff in your program remain safe. In this course, you will learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate your emergency plan to children, parents and staff.	1	Health and Safety
Essentials of Indoor Safety	This course will teach you to identify, correct and avoid common indoor hazards, and keep the children in your care safe. You will learn how to access important regulations and codes affecting safety in your center or family home day care. You will also learn how to educate parents about indoor safety. Educated parents can keep their kids safe at home and they can better appreciate all the hard work providers do while children are in the care!	2	Health and Safety
Essentials of Outdoor Safety	Outdoor play is great for children's health and development, but it also exposes them to different safety risks. Learn about the major causes of outdoor injuries and easy ways you can prevent them at your center or home day care. The course also covers Bright from the Start's licensing requirements for outdoor play areas.	2	Health and Safety

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Food Allergies: Recognizing Allergic Reactions and Meal Planning in the Child Care Setting	Food allergies in young children can pose a serious health risk. For many children with a food allergy, eating, touching or even smelling a food can trigger a serious allergic reaction. This course will discuss the most common food allergies in young children, how to recognize an allergic reaction, and what foods to avoid when planning meals.	1	Health and Safety
Hand Washing: Clean Hands = Better Health!	Keeping hands clean is not just an old lesson from childhood. Research by health organizations around the world has shown that proper hand washing can stop germs from making us sick. In child care centers and family child care homes, where children learn early life lessons, teachers have the opportunity to encourage hand washing as a lifelong habit. This one-hour class will help you understand the 'why' and 'how' of keeping hands clean to prevent disease - and keeping the children in your care healthy!	1	Health and Safety
Infectious Disease Control: Kick Those Germs to the Curb!	Understanding how to keep children healthy is an essential part of providing high quality learning environments for young children. This one-hour course will provide an overview of how you can protect children and yourself against infectious diseases.	1	Health and Safety
Keeping It Safe: Preventing Food-Borne Illnesses in Child Care Settings	Food borne illnesses are preventable and underreported diseases that present a major challenge to both the general public and at-risk populations. Empowering child care providers with knowledge about safe food handling behaviors is the best line of defense against the pathogens that cause these illnesses. This one-hour course, Keeping It Safe: Preventing Food Borne Illnesses in Child Care Settings, focuses on creating and maintaining safe food handing and preparation areas. You will learn about sources of contamination and safety in purchasing, storing, preparing and serving food.	1	Health and Safety
Responding to Medical Emergencies	This one-hour course will review common childhood injuries and basic medical treatment that should be used to treat the injury. We will also discuss safety precautions that can reduce and/or prevent injuries from occurring.	1	Health and Safety
SIDS - Reducing the Risk in Child Care	There are few things as tragic as parents losing their baby to Sudden Infant Death Syndrome (SIDS). Although we still do not know all of the risk factors for SIDS, research in recent years has raised awareness of several ways to reduce the risk of SIDS.	1	Health and Safety
	This one-hour course, "SIDS - Reducing the Risk in Child Care" focuses on reducing a baby's risk of SIDS in home and child care settings.		

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Water Safety: Prevent Drowning - The Silent Killer	Tragic child drowning accidents happen every year - some in child care settings. A parent who dropped off a healthy child at day care in the morning is plunged into the nightmare of planning a funeral that night. The plain truth is that these accidents are preventable!	1	Health and Safety
	Drowning is truly the silent killer- of young children: there are usually no screams or noises to alert the caregiver. In addition to drowning, there are other potential hazards involving water. Therefore, water safety is a priority for all child care settings center and home, indoors and out. This course will help you learn to be proactive in all aspects of water safety for young children.		
Creating Healthy Lifestyles: Balancing School-Age Diets with Good Food Choices	Healthy kids eat a diet that balances the calories they burn and provides the nutrients, vitamins, and minerals they need to grow and develop. Learn to use food labels and the USDA's MyPyramid for Kids to choose the right foods every time, and get fun ideas for teaching school-age children to be aware of and responsible for their own food choices.	2	Nutrition
Healthy Meal Planning	Healthy bodies and minds require proper nutrition and exercise. Child care providers and parents can ensure that children eat healthy snacks and meals and learn good eating habits. This course provides information on nutritious menu planning and a nine step process designed to help you develop nutritious menus for preschool children.	1	Nutrition
The Food Pyramid: Helping Children Make Healthy Food Choices	When it comes to nutrition, one size does not fit all. The USDA's MyPyramid symbolizes a personalized approach to healthy eating and physical activity. It has been designed to be simple and yet remind us to make healthy food choices and to be active every day. This course will examine MyPyramid for Kids, the children's version, aimed at supporting children in making healthy food and activity choices every day. Links also included to the new USDA Choose My Plate website.	1	Nutrition
Assessment Tools	There's a growing interest in assessment in the programs that serve young children. Why? Because assessment can help early learning practitioners understand and support children's development as well as evaluate their programs' effectiveness. This course offers an overview of the purposes and methods of assessment, and looks at some assessment tools used by early learning programs.	1	Professional Development
Beginning Teacher Roles and Responsibilities	Beginning your career as a teacher in an early care and education setting can be intimidating if you are unsure of your responsibilities. This course is a basic orientation for early childhood teachers. It is appropriate for new staff and substitutes and will cover general information.	1	Professional Development

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Confidentiality	Early learning programs routinely handle personal information about children, families, and staff. Confidentiality is an obligation that respects an individual's right to privacy and to protect personal information obtained in confidence. This course will walk you through some of the basics of confidentiality practices.	1	Professional Development
Conflict Resolution in the Early Care and Education Workplace	Conflicts happen all the time, but knowing how to handle disagreements, especially in the workplace, can make a huge difference in your long-term relationship with co-workers, parents and children. In this course, we will discuss how to handle conflicts that arise in early care and education settings.	1	Professional Development
Creating a Dynamite Professional Resource File!	This one-hour course will provide information and guidance on compiling the CDA Professional Resource File, a critical component of the CDA Assessment Process. The Professional Resource File is also a useful tool that supports the work you do with young children.	1	Professional Development
Dealing with Personal Stress	Feeling stressed? You're not alone. Early education professionals can suffer stress that is induced by a variety of factors, including the responsibilities of caring for children and dealing with parents, schedules crowded with work and required training, and a balancing act between your career and your personal life. Stress can hurt productivity and even cause medical problems but it doesn't have to be that way!	1	Professional Development
	This one-hour course will help you recognize and counteract the negative effects that stress can have on your life.		
Early Care and Education Resources	In this training, we will discuss the kinds of information that can be included in your comprehensive resource file and ways to organize it to support your day-to-day work as well as special circumstances that may arise.	1	Professional Development
Getting Families Engaged!	Research over the last 20 years has highlighted the benefits family involvement has on children's development and education but how can you get families engaged? In this course, you will read about some methods and activities that will help increase family engagement.	1	Professional Development
Guidelines for Parent Volunteers	Volunteers are the lifeblood of many organizations! You have probably been a volunteer yourself at one time or another at your child's school, at your place of worship or for a charity. Volunteers are an invaluable helping hand. In this course you will look at the challenges of working successfully with parent volunteers and learn some guidelines for meeting those challenges.	1	Professional Development

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Helping Families Access Resources	In this course, we will explore ways to help parents access resources and provide an overview of available resources they may need to support their role as parents a child's first and foremost teacher.	1	Professional Development
NAEYC Code of Ethical Conduct Part I: An Overview	In this course, we will introduce you, through an overview, to the Code of Ethical Conduct of the National Association for the Education of Young Children (NAEYC).	1	Professional Development
NAEYC Code of Ethical Conduct Part II: Understanding Your Responsibilities	A code of ethics is a set of values and principles that guide the behavior of members of a profession. In early care and education, there are codes of ethics developed by various national organizations. In this course, we will describe your responsibilities in applying the Code of Ethical Conduct of the National Association for the Education of Young Children (NAEYC).	1	Professional Development
NAEYC Code of Ethical Conduct Part III: Using the Code in Ethical Dilemmas	A code of ethics is a set of values and principles that guide the behavior of members of a profession. In early care and education, there are codes of ethics developed by various national organizations. In this course, we will describe your responsibilities in applying the Code of Ethical Conduct of the National Association for the Education of Young Children (NAEYC).	1	Professional Development
Parent-Teacher Conferences	Children need quality child care and parents need safe and nurturing learning environments for their children. At the root of a successful program that meets everyone's needs is good communication. Regular communication is important to keep the parent informed and involved in the child's program. One effective way to communicate is the parent-teacher conference.	1	Professional Development
	This one-hour class will help you understand the "why" and the "how" of parent-teacher conferences.		
Professionalism in Early Care and Education	Child care providers are professionals at caring for young children. This course will review the concept of professionalism and the characteristics of a professional.	1	Professional Development
Seeking Employment in Early Care and Education	New standards and new qualifications mean new issues for the job seeker. Finding a job is stressful for most people. The current trend towards higher expectations for education, training, experience and professionalism makes it all the more complex. In order to be competitive in the job market, you need to present yourself in a confident, professional manner. Whether you are seeking a new job now or will be at some time in the future, this course can help get you started!	1	Professional Development

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The Art of Communication Part I: Listening to Children	This course will take a close look at communication and the art of listening to young children. Part two of this course will focus on communicating with parents.	1	Professional Development
The Art of Communication Part II: Communicating With Families	This one-hour class will help you understand the "why's" and "how's" of developing and preserving good communication with parents to reach positive results.	1	Professional Development
Advocating for Children, Parents and Staff in Early Care and Education	This one-hour course will provide an overview of advocacy in the field of early care and education and specific issues affecting children, parents and staff. You will learn what advocacy is and how you can be an effective advocate.	1	Program Administration
Advocating for Quality: An Overview of Quality Initiatives	This one-hour course will provide early care and education professionals with an overview of quality initiatives. Participants will learn about the importance of quality in child care settings, some of the best known national quality initiatives, and ways to be an advocate for quality.	1	Program Administration
Business Practices for Early Childhood Education Settings	This course will take you through the business and financial steps necessary to get an early education program started, keep it running smoothly and efficiently, and continually improve.	1	Program Administration
Leadership: Recognizing the Leader in You	Your role as a child care provider means you've already accepted a leadership role in ensuring the well-being and safety of one or more children. In this course, we will look at ways you can improve your leadership capabilities and can grow as a leader in the field of early care and education.	1	Program Administration
Record Keeping: Forms for Staff and Children	As is the case with any other kind of business, record keeping is an important part of managing a child care program. In this training, we will be discussing the information that should be gathered for staff and children and kept in their individual, confidential files.  Additionally we will be discussing other forms that need to be used for day-to-day operations.	1	Program Administration
Caring for a Child with a Disability: Helping Families Cope	This one-hour course is designed to give insight into the unique challenges and stresses that accompany being a part of a family affected by disability. During this course you will also learn how a family's ability to adapt to change affects educators and how you can help families affected by a child with a disability in your classroom.	1	Special Needs

Product Name	Description	Hours	SC DSS Topic Area
Individualized Education Plan (IEP): Planning for School Success	Some children face greater difficulties than others in a general classroom setting. Kids with learning disabilities, sensory impairments, or behavioral disorders, for example, will sometimes struggle in the classroom.	1	Special Needs
	These children can benefit greatly from an Individualized Education Plan (IEP), which addresses the unique learning needs of the student and creates a plan to help them meet educational goals in line with his skills and special needs. This one-hour course will help you understand the basic elements of an IEP, who qualifies for IEPs, and what services they might receive from them.		
Special Needs in the Early Childhood Classroom	This one-hour course is designed to provide educators with a basic understanding of some of the more commonly occurring types of special needs as well as classroom modifications. Participation in this course will improve understanding of the developmental areas affected by special needs as well as spark ideas for adapting learning environments to meet children's needs.	1	Special Needs
Understanding Inclusion in Early Childhood Settings	All children deserve and have a legal right to a quality education, regardless of ability. As a result, inclusion in early childhood has become a very popular topic among early childhood professionals and families of young children.	1	Special Needs
	The term inclusion is more than a specific set of strategies or placement issues. Inclusion embraces the idea of providing all children with a sense of belonging in your classroom. This one-hour course will assist learners in developing an understanding of the term inclusion as it relates to early childhood education.		