

Health and Safety Pre-Service Certificate (15 Hours)

Prevention and Control of Infectious Diseases (Including Immunizations)		
Title	Topic Area	Hour(s)
<p>Infectious Disease Control, Immunizations, and Bloodborne Pathogens: Kick Those Germs to the Curb!</p> <p>Course Description Understanding how to keep children healthy is an essential part of providing high quality learning environments for young children. This one-hour course will provide an overview of how you can protect children and yourself against infectious diseases, including bloodborne pathogens. This course includes information on common childhood illnesses and how you can prevent the spread of disease through best practices in cleanliness, basic hygiene, immunizations, and proper handling and disposal of hazardous materials.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Identify four ways that infectious diseases spread • Recognize at least four classroom routines that promote wellness • Given a scenario, identify appropriate action to prevent the spread of germs 	Health & Safety	1
Prevention of Sudden Infant Death Syndrome and Use of Safe Sleep Practices		
Title	Topic Area	Hour(s)
<p>Sudden Infant Death Syndrome (SIDS)</p> <p>Course Description There are few things as tragic as parents losing their baby to Sudden Infant Death Syndrome (SIDS). Although we still do not know all of the risk factors for SIDS, research in recent years has raised awareness of several ways to reduce the risk of SIDS. This one-hour course focuses on reducing a baby's risk of SIDS at home and in child care settings and keeping children safe from injury.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Define SIDS and SUIDS • List at least five risk factors for SIDS • List at least five ways to reduce the risk for SIDS in a child care setting and at home 	Health & Safety	1

<p>Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and Child Maltreatment</p> <p>Course Description Shaken baby syndrome (SBS) – also known as abusive head trauma (AHT), shaken impact syndrome, inflicted head injury or whiplash shake syndrome – is a serious brain injury resulting from forcefully shaking an infant or toddler. Shaken baby syndrome is considered a form of child maltreatment. This course will discuss ways to reduce the risk of shaken baby syndrome and abusive head trauma in both the child care and home setting.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Define shaken baby syndrome and abusive head trauma and identify the causes of each • Identify the symptoms and long term effects of shaken baby syndrome and abusive head trauma • Identify strategies and practices for preventing shaken baby syndrome and abusive head trauma in the child care setting and tips for educating parents and families 	Health & Safety	1
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Administration of Medication

Title	Topic Area	Hour(s)
<p>Administering Medication in Child Care Settings</p> <p>Course Description Medication administration in the child care setting is extremely important and beneficial when working with young children. This course is divided into four sections:</p> <ul style="list-style-type: none"> • Section 1 – Why Medication is Administered in the Child Care Setting: Child Care Provider, Parent, and Healthcare Professional Responsibilities • Section 2 – Medication Preparation, Forms, and Policies • Section 3 – Administering Medications and Standard Precautions • Section 4 – Allergic Reactions, Side Effects, Medication Errors and Inappropriate Parent Requests <p>Learning Objectives</p> <ul style="list-style-type: none"> • Identify the purpose of medication being administered in the child care setting and list the responsibilities of child care providers, parents/guardians, and healthcare professionals 	Health & Safety	1

<ul style="list-style-type: none"> • Determine the appropriate policies and procedures associated with medication administration • List the steps to properly administer medication while taking the appropriate safety precautions • Recognize potential issues related to adverse reactions, medication errors, and inappropriate parent requests 		
Building and Physical Premises Safety		
Title	Topic Area	Hour(s)
<p>Keeping Children Safe: Building and Classroom Safety</p> <p>Course Description School safety is a top priority for all educators. The safety mechanisms and procedures established in your facility are critical to protect children inside the school and keep unwanted visitors from entering the building. This course will cover the proper security features and protocols you should have in place to create a safe school premises as well as tips for preventing injury inside your classroom.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Identify the purpose of building and physical premises safety and list up to five access control procedures • Describe three characteristics of an effective Public Address system • Identify four school safety and security stakeholders and discuss how you can incorporate safety mechanisms into your daily work environment 	Health & Safety	1
<p>Essentials of Outdoor Safety in South Carolina</p> <p>Course Description Outdoor play is great for children's health and development, but it also exposes them to different safety risks. Learn about the major causes of outdoor injuries and easy ways you can prevent them at your center or home day care.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Recognize how a proactive approach to outdoor safety reduces the risk of accidents and injuries • Distinguish among strategies for developing a safe and fun playground • Recognize common playground injuries and how they can be prevented • List three ways that safety rules can be shared with children, parents and other staff 	Health & Safety	2

Emergency Preparedness and Emergency Response Planning		
Title	Topic Area	Hour(s)
<p>Emergency Preparedness: Better Safe Than Sorry!</p> <p>Course Description Being prepared for emergencies can make a big difference as to whether or not the children in your care and the staff in your program remain safe. In this course, you will learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate your emergency plan to children, parents and staff.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • List the three steps necessary to ensure safety and well-being in the event of an emergency • Identify the necessary procedures to follow in the event of a medical, natural, or human-made emergency • Recognize strategies to communicate your emergency plan to staff, parents and children 	Health & Safety	1
<p>Responding to Medical Emergencies</p> <p>Course Description This one-hour course will review common childhood injuries and basic medical treatment that should be used to treat the injury. We will also discuss safety precautions that can reduce and/or prevent injuries from occurring.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • List at least three common injuries that occur in child care settings • Identify the appropriate treatment procedures for handling common injuries • Identify safety precautions that can prevent injuries from occurring 	Health & Safety	1
Recognizing and Reporting Child Abuse and Neglect		
Title	Topic Area	Hour(s)
<p>Recognizing and Reporting Suspected Child Abuse in South Carolina</p> <p>Course Description Every child care provider is an important part of the effort to eliminate the abuse and neglect of children. You will learn to</p>	Health & Safety	2

<p>better recognize the indicators of abuse and neglect, understand your role in responsible reporting, and identify the groups of children that may be at a higher risk of being abused or neglected.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • List the types of mandated reporters and describe their role in reporting suspected abuse and neglect • Identify physical and behavioral indicators of four legally recognized types of abuse and neglect • Identify which groups of children may be at higher risk of being abused or neglected • Identify how to respond appropriately to evidence of maltreatment, including children's disclosures • List the steps a state agency takes following a report of abuse or neglect 		
Appropriate Precautions in Transporting Children		
Title	Topic Area	Hour(s)
<p>Transportation Safety Basics in South Carolina</p> <p>Course Description Each year, thousands of children are injured in transportation related accidents, many with fatal outcomes. In fact, the Centers for Disease Control and Prevention reports that the leading cause of death for children 0 to 19 is due to injuries resulting from transportation accidents. Many of these accidents occur while children are being transported in child care settings. In this course, we will review transportation guidelines for keeping children safe in South Carolina child care settings. We will also review the elements of a comprehensive transportation plan.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Recognize the basic elements of vehicle and driver safety • Identify the five components of a transportation plan and recognize how to properly complete all required documentation related to transportation • Recognize the dangers of leaving children unattended in vehicles 	Health & Safety	1

Nutrition and Physical Activity		
Title	Topic Area	Hour(s)
<p>MyPlate: Helping Children Make Healthy Food Choices</p> <p>Course Description When it comes to nutrition, one size does not fit all. The USDA's MyPlate symbolizes a personalized approach to healthy eating and physical activity. It has been designed to be simple and yet remind us to make healthy food choices and to be active every day. This course examines MyPlate as it relates to preschoolers by supporting young children in making healthy food and activity choices every day.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Recognize the benefits of an active lifestyle for children • Recognize the five food groups included on MyPlate 	Nutrition	1
Prevention of and Response to Emergencies Due to Food and Allergic Reactions		
Title	Topic Area	Hour(s)
<p>Prevention of and Response to Different Types of Allergies</p> <p>Course Description Food allergies in young children can pose a serious health risk. For many children with a food allergy, eating, touching or even smelling a food can trigger a serious allergic reaction. This course will discuss the most common food allergies in young children, how to recognize an allergic reaction, and what foods to avoid when planning meals.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • List the most common food allergies and foods children should avoid • Recognize the symptoms of an allergic reaction and appropriate action steps if a reaction occurs • Identify policies and procedures to prevent allergic reactions 	Health & Safety	1
Child Development		
Title	Topic Area	Hour(s)
<p>Child Development Milestones: Birth to Age 12</p> <p>Course Description Using input from the CDC and the American Academy of Pediatrics, this course will introduce you to age-specific developmental milestones in the domains of social-emotional, cognitive, and physical development, and approaches to</p>	Child Development	1

<p>learning. Developmental milestones are descriptions of typical behaviors and functional skills that can be related to certain periods of a child's development. These milestones can help you shape expectations and guide planning for the children you work with on a daily basis.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Recall typical social-emotional developmental milestones associated with behaviors and physical skills seen in infants and children as they grow and develop • Recall typical cognitive developmental milestones associated with behaviors and physical skills seen in infants and children as they grow and develop • Recall typical physical developmental milestones associated with behaviors and physical skills seen in infants and children as they grow and develop 		
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South Carolina Continuing Education Optional Courses (12 Hours)

Title	Topic Area	Hour(s)
Creating Healthy Lifestyles: Balancing Children's Diets with Good Food Choices	Nutrition	2
Brain Development: Amazing Brains, Amazing Babies – Physical Well-Being, Stress, and Trauma	Child Growth & Development	2
Essentials of Indoor Safety	Health & Safety	2
Fine Motor Activities for Preschoolers	Curriculum Activities	1
Gross Motor Activities for Preschoolers	Curriculum Activities	1
Handwashing: Clean Hands = Better Health!	Health & Safety	1
Keeping It Safe: Preventing Food-borne Illnesses in Child Care Settings	Health & Safety	1
Brain Power: Cognitive Development in Preschoolers	Child Growth & Development	1
Healthy Meal Planning	Nutrition	1