



## CDA TRAINING CURRICULUM

ONLINE COURSE TITLES BY CDA SUBJECT AREA

120 hours / 106 courses total



*ProSolutions Training received the CDA Council's CDA® Gold Standard Training Certification because of the quality of our online coursework, the support services we provide for students and our comprehensive learning management system.*

## CDA Subject Area 1

### Planning a safe, healthy learning environment (19 courses/22.5 hours)

SUBJECT AREA 1	
Title	Hours
<b>SAFETY BASICS</b>	
Responding to Medical Emergencies	1
Emergency Preparedness: Better Safe Than Sorry!	1
Water Safety: Preventing Injury and Illness	1
Essentials of Indoor Safety	2
Essentials of Outdoor Safety	2
Bloodborne Pathogens	1
<b>HEALTHY PRACTICES</b>	
Hand Washing: Clean Hands = Better Health!	1
Infectious Disease Control: Kick Germs to the Curb!	1
Sudden Infant Death Syndrome (SIDS) – Reducing the Risk	1
<b>FOOD &amp; NUTRITION</b>	
Healthy Meal Planning	1
MyPlate: Helping Children Make Healthy Food Choices	1
Food Allergies: Recognizing Allergic Reactions and Meal Planning in the Child Care Setting	1
Keeping It Safe: Preventing Food-borne Illnesses in Child Care Settings	1
<b>LEARNING ENVIRONMENT PLANNING</b>	
The Basics of Appropriate Learning Environments	1
Learning Centers that Inspire	1
Designing An Outdoor Classroom	1
Environments That Support Children with Challenging Behaviors	1
Aim High: Creating, Instructing and Implementing Classroom Expectations	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 1	2.5
19 Courses	22.5 Hours

## CDA Subject Area 2

Steps to advance children's physical and intellectual development (17 courses/18.5 hours)

SUBJECT AREA 2	
Title	Hours
<b>COGNITIVE DEVELOPMENT</b>	
Great Ways to Promote Cognitive Development in Infants	1
Great Ways to Promote Cognitive Development in Toddlers	1
Great Ways to Promote Cognitive Development in Preschoolers	1
<b>MOTOR SKILLS &amp; ACTIVITIES</b>	
Fine Motor Activities for Infants	1
Gross Motor Activities for Infants	1
Fine Motor Activities for Toddlers	1
Gross Motor Activities for Toddlers	1
Fine Motor Activities for Preschoolers	1
Gross Motor Activities for Preschoolers	1
<b>CENTERS &amp; SUBJECT AREAS</b>	
Block Play as a Creative Learning Strategy	1
Hands-on Excitement: Manipulatives for Teaching Young Children Math	1
Ignite Their Minds: Making Math an Integral Part of Your Teaching	1
Music and Movement: Enhancing Your Curriculum!	1
Reading to Young Children	1
Science for Young Children	1
Social Studies for Young Children	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 2	2.5
17 Courses	18.5 Hours

### **CDA Subject Area 3**

#### **Positive ways to support children’s social and emotional development (12 courses/13 hours)**

SUBJECT AREA 3	
Title	Hours
<b>SOCIAL &amp; EMOTIONAL DEVELOPMENT – THE BASICS</b>	
Social and Emotional Development of Infants	1
Activities That Promote Social and Emotional Development in Infants	1
Social and Emotional Development of Toddlers	1
Activities That Promote Social and Emotional Development in Toddlers	1
Social and Emotional Development of Preschoolers	1
Activities That Promote Social and Emotional Development in Preschoolers	1
<b>CLASSROOM STRATEGIES</b>	
Purposeful Play	1
Build Them Up: Creating A Classroom That Promotes Self-Esteem in Young Children	1
<b>DEALING WITH DIFFICULT ISSUES</b>	
Helping Children Cope With Divorce	1
Coping With Separation Anxiety	1
Helping Children Cope With Death	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 3	2
12 Courses	13 Hours

## **CDA Subject Area 4**

### **Strategies to establish productive relationships with families (9 courses/11 hours)**

SUBJECT AREA 4	
Title	Hours
<b>COMMUNICATIONS</b>	
The Art of Communication Part 1: Listening to Children	1
The Art of Communication Part II: Communicating with Families	1
Parent/Teacher Conferences	1
<b>PARENT INVOLVEMENT</b>	
Guidelines for Parent Volunteers	1
Appreciating & Celebrating Diversity	2
Getting Families Engaged!	1
<b>ASSISTING FAMILIES</b>	
Helping Families Access Resources	1
Caring for a Child With Disabilities: Helping Families Cope	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 4	2
<b>9 Courses</b>	<b>11 Hours</b>

## CDA Subject Area 5

### Strategies to manage an effective program operation (10 courses/11 hours)

SUBJECT AREA 5	
Title	Hours
<b>CLASSROOM MANAGEMENT</b>	
Curriculum: The Foundation of a Strong Educational Program	1
Lesson Planning for Young Children	1
The Daily Schedule	1
The Art of Transitions	1
<b>BUSINESS &amp; PERSONNEL OPERATIONS</b>	
Business Practices for Early Childhood Education Settings	1
Record Keeping: Forms For Staff and Children	1
Conflict Resolution in the Early Care and Education Workplace	1
<b>QUALITY</b>	
Advocating for Quality: An Overview of Quality Initiatives	1
Early Care and Education Resources	1
<b>REVIEW COURSE</b>	
Review Course for Subject Area 5	2
10 Courses	11 Hours

## **CDA Subject Area 6**

### **Maintaining a commitment to professionalism (13 courses/15 hours)**

SUBJECT AREA 6	
Title	Hours
<b>ETHICAL CONDUCT</b>	
NAEYC Code of Ethical Conduct Part I: An Overview	1
NAEYC Code of Ethical Conduct Part II: Understanding Your Responsibilities	1
NAEYC Code of Ethical Conduct Part III: Using the Code to Solve Ethical Dilemmas	1
Confidentiality	1
<b>LEADERSHIP &amp; ADVOCACY</b>	
Professionalism in Early Care and Education	1
Advocating for Children, Parents and Staff in Early Care and Education	1
Leadership: Recognizing the Leader in You	1
<b>PROFESSIONAL DEVELOPMENT</b>	
Your Journey to the CDA Credential: Let's Get Started!	1
The Importance of Professional Development: The Educational Ladder	2
Creating a Dynamite Professional Portfolio!	1
Seeking Employment in Early Care and Education	1
Dealing with Personal Stress	1
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 6	2
<b>13 Courses</b>	<b>15 Hrs</b>

## CDA Subject Area 7

### Observing and recording children's behavior (13 courses/15 hours)

SUBJECT AREA 7	
Title	Hours
<b>UNDERSTANDING AND GUIDING BEHAVIOR</b>	
Beginning Teacher Roles & Responsibilities	1
Helping Young Children Understand and Develop Rules	1
<b>OBSERVATION AND ASSESSMENT</b>	
Observation and Assessment: Documenting Children's Progress	1
Assessment Tools	1
<b>BEHAVIOR MANAGEMENT</b>	
Principles of Behavior Management I: What do we know?	1
Principles of Behavior Management II: What Can We Do? Ten Big Ideas!	1
Creating Positive Outcomes from Problematic Behaviors	1
Taking the Bite Out of Toddler Biting	1
Taming Toddler Temper Tantrums	1
<b>UNDERSTANDING INCLUSION &amp; SPECIAL NEEDS</b>	
Understanding Inclusion in Early Childhood Settings	1
Special Needs in the Early Childhood Classroom	1
<b>MANDATED REPORTING</b>	
Recognizing and Reporting Suspected Child Abuse	2
<b>REVIEW COURSE</b>	
Review Course for CDA Subject Area 7	2
13 Courses	15 Hours



## CDA Subject Area 8

### Principles of child development and learning (13 courses/14 hours)

SUBJECT AREA 8	
Title	Hours
<b>BRAIN DEVELOPMENT</b>	
The Brain and Early Childhood: Old Myths and New Knowledge	1
Brain Power! Cognitive Development in Infants	1
Brain Power! Cognitive Development in Toddlers	1
Brain Power! Cognitive Development in Preschoolers	1
<b>CHILD DEVELOPMENT THEORY</b>	
Understanding Child Development: Erikson's Stages of Emotional Development	1
Understanding Child Development: Maslow's Theory of Human Needs	1
Understanding Child Development: Attachment Theory	1
<b>PHYSICAL DEVELOPMENT</b>	
Physical Development in Infants	1
Physical Development in Toddlers	1
Physical Development in Preschoolers	1
<b>LANGUAGE</b>	
Learning Language: Birth to 36 Months	1
Learning Language: Ages Three to Five	1
<b>REVIEW COURSE</b>	
Review Course for Subject Area 8	2
13 Courses	14 Hours